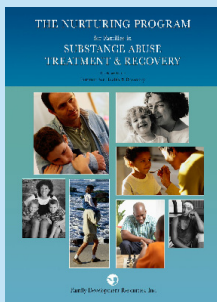


# Nurturing Families through Recovery

A two-day intensive training program using the 3rd edition of the *Nurturing Program for Families in Substance Abuse Treatment and Recovery*

Presented by the Institute for Health and Recovery • [www.healthrecovery.org](http://www.healthrecovery.org)  
June 19th and 20th, 2014 • Enlace de Familias • Holyoke, MA 01040



For those working with families affected by substance use, mental illness, and trauma, the *Nurturing Program for Families in Substance Abuse Treatment and Recovery* provides a structured program through which parents can explore their own histories, understand forces affecting their families, and build skills to help their families recover.

This training will focus on the 3rd edition of the curriculum, with sections designed for fathers and men. The training provides thorough preparation for group facilitators through knowledge and skill-building. Principles, philosophy, clinical rationale and techniques will be explored through presentations and interactive activities.

The *Nurturing Program for Families in Substance Abuse Treatment and Recovery* has been used successfully as a component of substance use treatment in both treatment and family service settings, and can be used with groups or individuals. It was chosen to be part of the US Substance Abuse and Mental Health Services Administration (SAMHSA) National Registry of Evidence-based Programs and Practices (NREPP).

Who should attend:

- Residential Program Staff
- Parent Educators
- Social Workers
- Parenting Group Leaders
- Substance Use Counselors
- Mental Health Counselors
- Early Intervention Professionals
- Early Childhood & Family Service Agency Professionals

# Training Information

June 19th

**Check in from 8:30-9:00 am**

Training from **9:00 am-5:00 pm**

- Relational/Cultural Model
- Nurturing Hope
- Human Growth & Development
- Parenting Development
- Nurturing: Stress Management, Touch, Boundaries

June 20th

**Check in from 8:30-9:00 am**

Training from **9:00 am-5:00 pm**

- Love, Loss and Healing
- Family Dynamics: Effects of Substance Use on Families
- Facilitation Strategies
- Play in Recovery

## **CEUs**

This training provides 12 CEUs for alcohol & drug abuse counselors, social workers, or licensed mental health counselors. CEUs are \$15 (per person) payable by check or cash at the training.

## **COST**

This training is free for staff who work at Massachusetts BSAS-funded agencies. For all other participants, the cost is \$100 per day. For questions, please call Kelly at (617) 661-3991. The registration fee can be paid by check on the day of the training, or sent ahead of time to:

Kelly Kirschner  
349 Broadway  
Cambridge, MA 02139

Please make checks payable to the Institute for Health and Recovery.

## **FOOD**

Light refreshments will also be provided in the morning and afternoon. .

## **DRESS**

Casual and comfortable.

## **LOCATION**

Enlace de Familias  
299 Main Street  
Holyoke, MA 01040

Please give yourself plenty of travel time to ensure punctual arrival. We strongly suggest you print internet directions from your location. Below are general directions.

### Directions

Take the Massachusetts Turnpike to Springfield/Holyoke 91/RT 5. Take the Rt 5 exit towards Holyoke. Take a right at the end of the ramp, take Rt 5 straight and bear right as you pass Providence Hospital onto Main St. Continue (about 4 stop-lights) until you reach the cross street, Cabot St. You will pass a Racing Mart gas station, a Dunkin Donuts and a Subway. Please park after the gas station.

Please Note: the Chicopee Bridge is currently closed.

**The deadline for registration is June 15th, 2014.**