#### REGISTRATION FORM

Friday, September 21, 2018 9AM-4:15 pm Registration 8:30 AM

<u>All</u> information must be filled out or registration will not be accepted (including email address).

*Agency:		
Phone:		

#### EMAIL Address:

Name:

\*IF AGENCY IS SENDING IN PAYMENT HAVE SUPERVISOR PRINT AND SIGN BELOW:

#### **FEES**

Providers' Association Members	\$50
Non-Members:	\$60
WSC Alumni & ACE Students	\$50
After 9/14/2018	\$70

The fee includes 6 CEU's for Certified Alcohol and Drug Abuse Counselors (LADC/CADC); Social Worker and LMHC CEU's pending.

The fee includes a continental breakfast and light lunch.

<u>LET US KNOW IF YOU HAVE ANY SPECIAL FOOD RESTRICTIONS AT THIS</u>

TIME OF REGISTRATION

#### REGISTRATION & PAYMENT DEADLINE

September 14, 2018, or earlier if full.

Please return this form or a photocopy and a nonrefundable check payable to Western Massachusetts Substance Addiction Providers' Association (WMSAPA) to:

Susan Bouchard WMSAPA PO Box 25 Erving, MA 01344

Email: sue\_wmsapa@comcast.net

#### COPIES & HANDOUTS

Handouts will be emailed to registrants prior to the training. Please make copies and bring with you. This is to help the cost of the trainings from increasing.

The University is a TOBACCO FREE CAMPUS and you must leave the campus to smoke.

Registration

#### SCHEDULE FOR THE DAY

8:30 - 9:00

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9:00-10:15	Defining Recovery
10:15-10:30	Break
10:30 – 12:00	Speaking Recovery
12:00 – 12:45	Lunch
12:45 – 2:15	Accessing Recovery
2:15 - 2:30	Break
2:30 - 4:15	Supporting Recovery
4:15	Training Adjourn

#### **MultiplePathwaystoRecovery**



Friday, September 21, 2018

# WESTFIELD STATE UNIVERSITY Ely Owls Nest 577 WESTERN AVE. WESTFIELD, MA 01086

Sponsored by:

WESTERN MASSACHUSETTS
SUBSTANCE ADDICTION PROVIDERS' ASSOCIATION

WESTFIELD STATE UNIVERSITY
ADDICTION COUNSELOR EDUCATION PROGRAM
ALUMNI ASSOCIATION

WORKSHOP DESCRIPTION

"There are many pathways of long-term recovery, and all are cause for celebration!" ~Wm. White

Recovery means different things to different people. There is no single path of recovery that is a fit for everyone. In this workshop we will discuss the contemporary understanding of substance use disorder and examine the differences between addiction treatment and recovery. We will explore the foundation of recovery and the multiple means through which recovery can be cultivated and supported. Current recovery research will be reviewed demonstrating the efficacy of many alternative pathways to sustaining recovery. This workshop presents an appreciation for a new paradigm, a broader acceptance of personal recovery choices, and the power of interpersonal connection.

The Recovery Research Institute is a leading nonprofit research institute of Massachusetts General Hospital, an affiliate of Harvard Medical School, dedicated to the advancement of addiction treatment & recovery. This is the website for the Institute founded by Dr. John Kelly. It has links to the language module and research module that we are using for our training.

https://www.recoveryanswers.org

## LEARNING OBJECTIVES: PARTICIPANTS WILL BE ABLE TO:

- Understand current definitions of substance use disorder and differentiate between treatment and recovery.
- Discuss the impact of language in shaping practice, policies, and access to recovery. Learning Objectives Continued:

• Identify multiple tools and pathways to support the framework of recovery.

#### **Trainers**

#### Linda Sarage, M.A., M.Ed., Lead Trainer

Linda Sarage has been in recovery for over 35 years and is a passionate advocate for the peer recovery movement. Linda is the former director of the RECOVER Project, a peer recovery support center in Greenfield, MA. She has supported recovery coaching statewide with BSAS and is a lead trainer for the Recovery Coach Academy and Ethical Considerations for Recovery Coaches. She provides technical assistance to recovery community organizations locally and nationally. Linda is the director of the Addiction Recovery Coach Certificate program at Westfield State University.

#### Peter Babineau, Co-Trainer

Peter Babineau is the Western Massachusetts Regional Manager for Learn2Cope, a statewide non-profit peer-led support network for families dealing with addiction and recovery. Peter also worked as manager, counselor, substance use educator, curriculum coordinator and most recently as the substance use educator supervisor for the Sheriff's Department. He retired from that position in April of 2018. Peter previously served as co-chair of the Hampden County Addition Task Force. Peter is a long-time advocate for harm reduction and has worked and focused much of his energies on working with people with opioid use disorder and their families.

## DIRECTIONS TO WESTFIELD STATE UNIVERSITY

#### From the Mass Pike

- 1. Take Exit 3 (Westfield).
- 2. Turn right onto routes 10/202 South, travel for about two miles through town.
- 3. To the Westfield Public Library (on your right).
- 4. Turn right onto Court street/Western Ave. for 2.5 miles.
- 5. Westfield State Univ. is on your right.

#### From Springfield

- 1. Take Route 20 into Westfield.
- 2. Take left on Main St.
- 3. Travel half way around the rotary.
- 4. Follow above directions above starting with: Turn right onto Court St/Western Ave.

#### NOTE LOCATION:

The training is being held at  $\exists y - Owls Nest$  at 577 Western Ave. (This is on the MAIN CAMPUS of the College--It is the Building 20 in the back behind Scanlon). For map:

http://www.westfield.ma.edu/uploads/campusmap.pdf

#### Do Not Park at This Building!

## Park in the South Lot Parking Lot,

(located PAST the University on the left hand side. The parking lot entrance is directly across the street from Dower Center) There will be a shuttle available from 8:15 to 9:15 am and from 3:45 to 4:30 pm.

Make sure the shuttle you get on goes to Ely.