

# **Countertransference and the Boundary of Self**

**Friday, November 8, 2019 - The Nonprofit Center**

**89 South Street, Boston 02111**

**9:00 am - 4:00 pm**

**To Register:**

**<https://www.ctcertboard.org/ccb-training-series>**

**\$50 Registration Fee**

**This event has been approved by the Massachusetts Board of  
Substance Abuse Counselor Certification for 6 Ethics CEUs**



### About the training event:

The therapeutic relationship is not an ordinary social exchange. Instead, the key differentials are ultimately aligned around issues of power and control. Projective identification is a two-way street. But, it's a two-way street under the control of one traffic cop - you. Yet who among us has not been trapped by the emotional web that is often a part of the therapeutic relationship? Issues of intimacy, love, hate, over-involvement, and withdrawal - all of these elements take a toll on the clinician whose job it is to somehow manage all of these elements while creating an environment that is conducive to meeting the client's needs and goals while in treatment. This workshop explores the use of clinical self while establishing and maintaining appropriate boundaries thus assuring that the client benefits maximally in the therapeutic exchange while the counselor maintains a healthy psychic distance as a means of assuring objectivity and avoiding burnout.

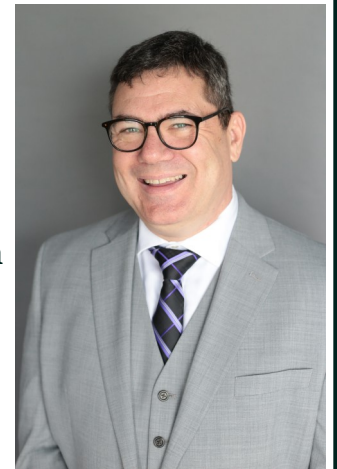
### Learning Objectives:

- Understand their own symptoms indicative of possible countertransference
- Articulate their own specific triggers for countertransference reactions
- Have a plan for addressing countertransference responses in the future.

### About the trainer:

Jeffrey Quamme, MS, having over 30 years in the field, joined the Connecticut Certification Board in 2009 as Associate Director and took over the role of Executive Director in 2013. During that time, he has established himself as a relied upon and sought after trainer on ethics, medication assisted treatment, and the therapeutic relationship.

Jeff regularly speaks at statewide, regional and national conferences throughout the country. He is an internationally Certified Addictions Counselor (CAC) and Certified Clinical Supervisor (CCS). Jeff also owns and operates a consulting firm, Capacity Builders of Connecticut, that works with nonprofit agencies on issues related to governance, strategic planning, leadership and other matters of organizational development. He holds certifications as both a Nonprofit Executive and Consultant.



Questions? Need more information?

Contact Jeff at

[JQuamme@ctcertboard.org](mailto:JQuamme@ctcertboard.org)

Looking forward to seeing you in  
Boston! Space is limited.