



Join us as we explore key concepts from our parenting and recovery toolkit:

## TAKING THE FIRST STEPS TOGETHER

*A Guide to Creating Collaborative Peer-Led Services for Parents Affected by Substance Use*

### Planning and Facilitating Groups

September 24, 2024 – 9:30-11:00AM

In order to thrive as parents and people in recovery, we need community, accountability, and non-judgmental support. We need to hear from others who are walking the same path, to see that they are doing it and that it can be done. This is one of the many reasons groups are a foundational aspect of our program.

### Care Coordination and Collaboration

October 22, 2024 – 9:30-11:00AM

Care coordination requires building relationships in a proactive and thoughtful way and is fundamental to supporting parents in recovery.

### My Family Portfolio

November 26, 2024 – 9:30-11:00AM

This collection of tools and resources provides a holistic approach to building both parenting and recovery skills for families impacted by parental substance use. Parents, empowered by the support of their providers, can use these materials to think through how their recovery relates to their parenting and how caring for their own needs can strengthen their relationship with their children.



**Register**

To download these materials please visit [FIRSTStepsTogetherMA.org](https://FIRSTStepsTogetherMA.org).

## About FIRST Steps Together

**FIRST (Families in Recovery Support) Steps Together** is a home visiting program dedicated to serving and empowering families on their parenting and recovery journey. Our program offers specialized support in the home, community, or virtually, from peer specialists and mental health counselors.

For more information about our program, please visit [FIRSTStepsTogetherMA.org](https://FIRSTStepsTogetherMA.org).

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