

Leading the Way in Behavioral Healthcare & Human Services

are pleased to present the nationally recognized **CCAR Recovery Coach Academy!**

What is a Recovery Coach? Anyone interested in promoting recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery.

The CCAR Recovery Coach Academy© is a 30-hour intensive training academy focusing on providing individuals with the skills needed to guide, mentor and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs. Provided in a retreat like environment, the CCAR Recovery Coach Academy© prepares participants by helping them to actively listen, ask really good questions, and discover and manage their own stuff.

Transformed People, Transform People

CCAR Recovery Coach Academy© participants will:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills

Now being delivered virtually!!!

We have adapted the training into an interactive, dynamic virtual experience that includes large group activity, small group processing, and individual reflection.

Technology prerequisites:

Screen: Laptop, monitor or full-size tablet (phone screens are too small)

Connection: WiFi or hardwired internet

Access: Zoom platform and e-mail

We can assist with a technology test drive prior to the training dates.

Participants attending in full, will receive a **Certificate of Achievement** upon completion of an online evaluation after the CCAR Recovery Coach Academy©.

Dates: Monday, March 20, 2023 through
Friday, March 24, 2023

Times: 9:00am — 4:00pm (includes individual work)

Location: Virtual Learning via Zoom Meeting Platform

Cost: \$250 prior to 3/6/23
\$300 after 3/6/23
(Materials included in cost)

Contact: Michelle Eastwick 781-645-9623
meastwick@riversidecc.org

***Please make payment to reserve your space
(check made out to Riverside Community Care)**

**Return registration form and arrange payment by
March 13, 2023 to:**

Michelle Eastwick
Riverside Community Care
meastwick@riversidecc.org

Name: _____

Email Address: _____

Phone: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Agency (if applicable) _____

NO REFUNDS ON CANCELLATIONS AFTER March 13, 2023